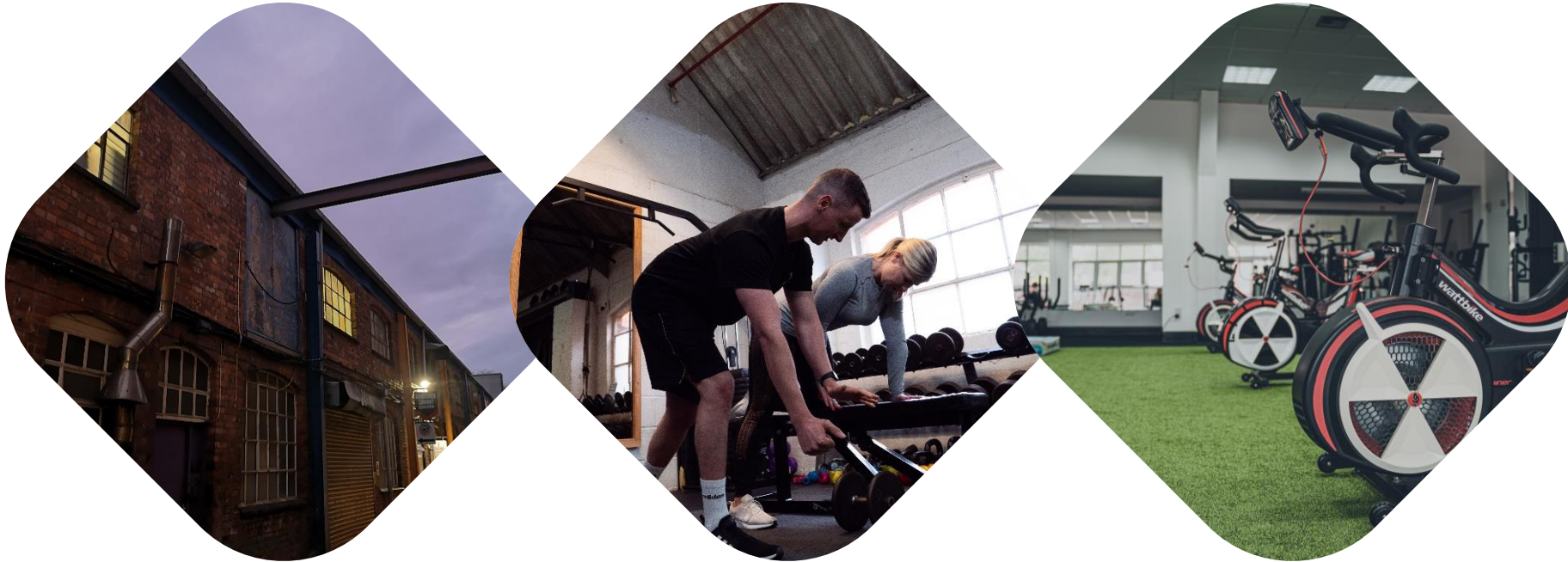




TITAN PERFORMANCE



OUR STORY

Titan Performance first started its Gloucester journey in the historic matchstick factory, for over 5 years the team worked with hundreds of different clients to achieve improved performance and a better lifestyle. In April 2021 Titan Performance relocated to its state-of-the-art gym based at the heart of Gloucester, Kingsholm, to continue their journey.





The first facility of its kind in the South West.

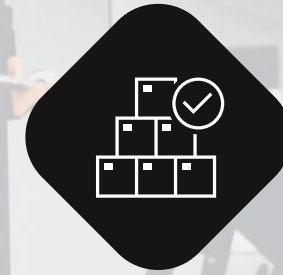
Dedicated to improving the lives
and performance of its members
while being open, friendly and
welcoming to all.



State of the art equipment

Inc. Laser Timing Gates, Watt
Bikes, Curved Treadmills, All
Terrain Tanks, Force Platforms &
much more.





Some Of The Equipment Available

- 2 x curved treadmills including multi directional run ability
- Laser timing gates
- Watt bikes
- 2 x Olympic lifting platforms and power racks
- 2 x Dual action pulley functional training rigs
- 2 x Four wheel all terrain tank prowlers
- Hack squat leg press combination
- Multiple bench press options
- Concept Rowers
- 4 x state of the art adjustable benches to go with our enhanced DB and free weight area
- Performance 2 lane sprint track
- Large grass turf area for movement and functional training
- Large kettlebell area
- Hyperbaric oxygen chamber
- Therapy solutions



Not Your Average Gym.

Titan Performance has been designed to step away from the traditional gyms. With a facility that is completely disabled access friendly including its shower/wet rooms, wheelchair lift, full ramped entrance/exit, toilets, gym floor and therapy rooms. All the equipment is there keeping in mind that everybody should be able to use it. Titan Performance aims to make the biggest difference to our clients lives.



Member shower & changing facilities

We've invested in some of the best quality member shower & changing facilities around. Don't take our word for it. Come and see them for yourselves!



On Site Coffee Shop

Titan Performance are proud to provide amazing coffee options in association with Stimulatte, another local business success story!

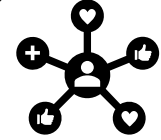


**The perfect environment for
trainers and therapists.**



**A diverse membership
base of potential
clients.**

Build your business working with dedicated, serious people looking to invest in their training & health.



**Surround Yourself with
the best.**

Work with industry experts in every field and develop your career in the fitness industry at a whole new level. We provide support every step of the way.





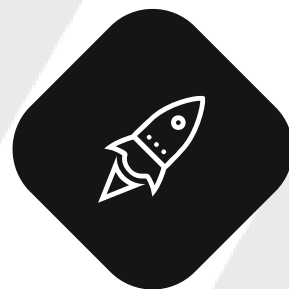
Set Yourself Apart From The Pack.

With a membership base that includes professional athletes from numerous sports, everyday people looking to change their lives and local businesses. Titan Performance is the place to be when looking to set yourself apart as a trainer.



Dedicated Workshop Space

Titan Performance Gloucester has a dedicated workshop teaching environment. One of the first in the region. Hosting regular CPD training courses and workshops in conjunction with industry leaders. Use of this is included for in house PT's.



Jumpstart your fitness career.

Our trainers are some of the most recognized and successful in the region. It's time to be a part of one of the fastest growing success stories in sports performance.

WHY WORK HERE?

- **Just £250 per month with 3 Month Notice period compared to nearly double that in some other gyms.**
- State of the art facility.
- Diverse membership base.
- One of the best self-employed models in the country.
- Flexible working terms.
- Support every step of the way.
- Secure dedicated car park for you and your clients.
- Staff room and co working facilities.
- No additional bills after rent.
- Referral scheme – introduce a PT that then comes onboard, and you receive a rent-free month.
- YouTube/podcasting facilities in house





Employed Opportunities

We are always looking to expand our team of dedicated trainers, specialists and staff. To find out more about the opportunities we have available please contact us today.



Self Employed Success

We believe that our trainer's success is also our success. That's why we charge one of the lowest self-employed rental fees in the country.

Just £250pcm.



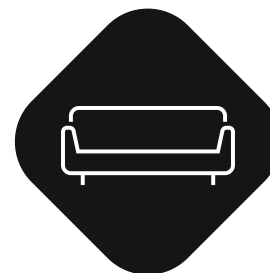


THERAPISTS & INJURY SPECIALISTS

We offer modern, fresh and fully furnished office/treatment rooms available for you to operate your business from.

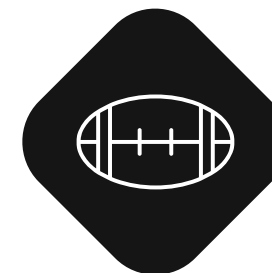
Rooms are available with unlimited usage and all bills included from as little as £250pcm.

Flexible terms and contract options are available. Contact us to find out more.



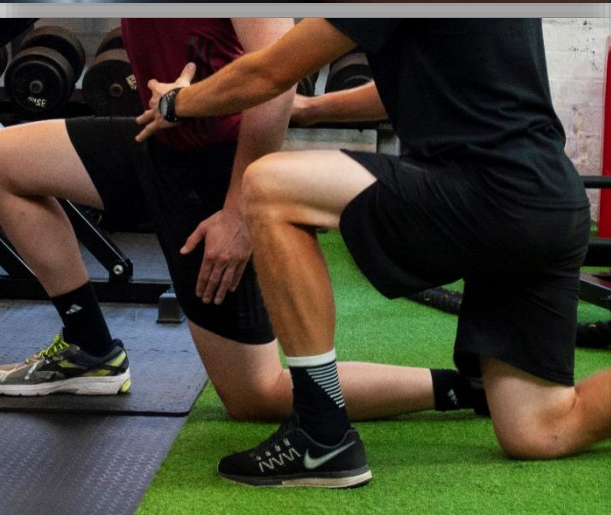
Fresh & Modern office space.

Fully furnished office space that you can be proud of. Including wireless intercom systems, waiting area, full desk & couch setups plus access to rehabilitation tools such as hyperbaric oxygen chambers.



A sporting membership base

Bring your business Infront of a membership base routed in sporting success. Players & teams from Rugby, Football, Netball, Triathlon & everything in-between call Titan Performance home.



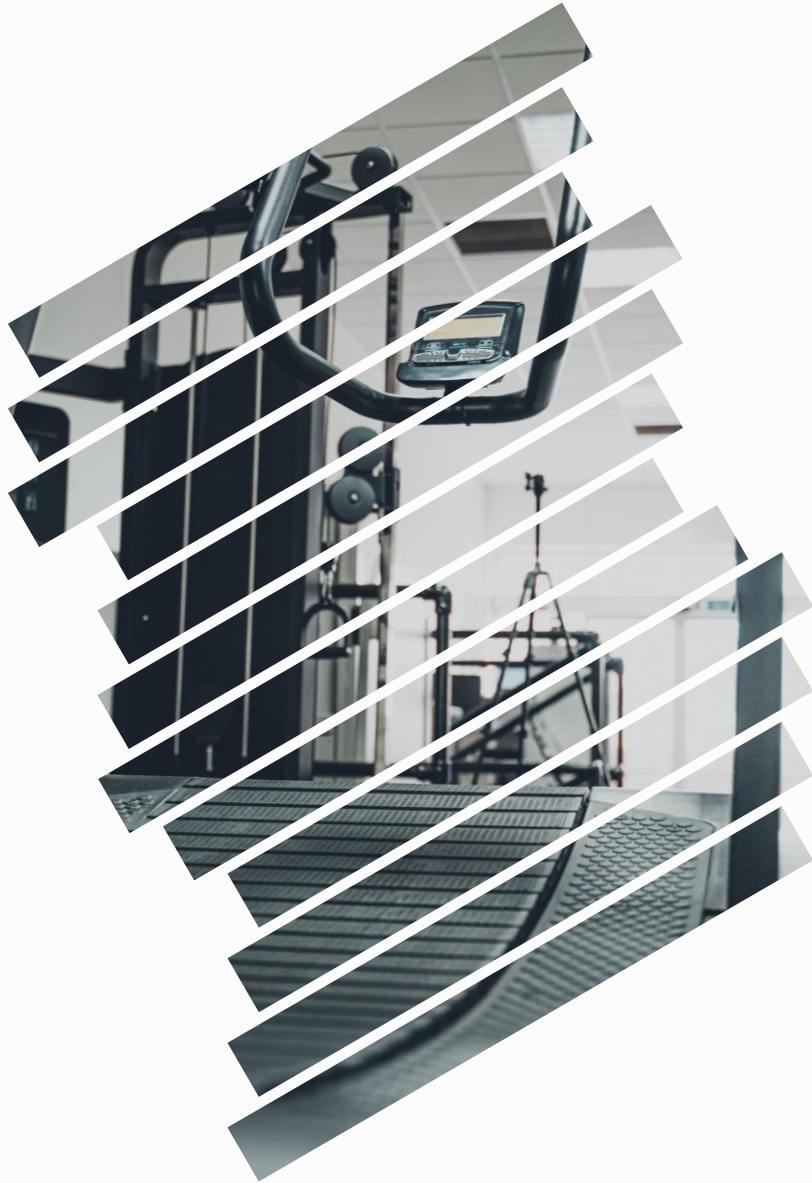
MEET JAMES MATHEISON

James has been with us since the early days at the matchstick factory and has been running a successful business and Titan client base for a number of years. Here s what James has to say about Titan Performance.

“Since starting my career path as a PT at Titan I have had the opportunity to work alongside a team with great knowledge and experience, this has helped me build my own skills and has given me the confidence to deliver results for my clients.

The support from the Titan Team has been welcoming and encouraging. It has helped put me in good stead to build on my PT business. Being given the opportunity to work with sports groups and individuals has been a privilege and I am looking forward to continuing to grow my own business as well as be a part of the Titan Team.”





OUR MISSION

Is to help you build a business you can be proud of.
While helping our members & clients to be the very
best, happiest versions of themselves they can.

We look forward to welcoming you to the team.



Contact Us To Find Out More

Personal Trainer, Therapist, Coach? We would love to hear from you.



WEBSITE

www.titanperformancegyms.co.uk



EMAIL ADDRESS

Admin@titanperformancegyms.co.uk



THE ADDRESS

Titan Performance, St Catherine Street, Kingsholm
Gloucester GL1 2BX



PHONE NUMBER

07376569844



See You Soon